

Peacock Press

SEPTEMBER 2002

Naval Postgraduate School

From the Quality of Life Director...

As part of the Navy's "Saluting Sailors and Their Families" campaign, everyone at the Naval Postgraduate School is invited to a significant MWR event. On Thursday 19 September your MWR Team will build "The World's Largest Sandwich Ever Made in Monterey!" Lunch will be free to all who show up to celebrate. Who ever said there is no such thing as a free lunch? Plan on joining us on the lawn at Herrmann Hall on the 19th, 12:00-1:30 p.m. for free lunch and lots of fun. Consequently, regular El Prado lunch operations will close on the 19th. We sincerely appreciate the tremendous sacrifices made each and every day by all members of the military, their families, and all those who support them!

We've got more great movies in September - Spider-Man, Blade 2, Death of Smoochy, Austin Powers 1: Man of Mystery, and Full Metal Jacket to name a few. You can view our current and coming attractions by going to the Navy Motion Picture Service website at http://www.mwr.navy.mil/mwrprgms/nmpsv.htm. For example, if you click on August releases, you will see that in September we will receive Windtalkers and other great flicks for October viewing. Additionally, by clicking on a movie, you can read a short synopsis. Please note that in September, we received no new G movies. Therefore, Family Night is loaded with Spider-man, which is rated PG13 "For Stylized Violence and Action."

We are also in the process of transforming the El Prado Dining Room into a multi-purpose Student Union area. Emerging plans call for redesign of our food service lines to include a national brand coffee/juice bar, establishment of beverage stations, new carpet, paintings, and tables and chairs. This project will occur during FY03 and it is being funded primarily from YOUR MWR dollars! In the immediate future, we will make the El Prado, Trident Bar, and Ballroom wireless so you can enjoy MWR facilities and services while "staying connected."

On Saturday Nights in September, we will introduce "Pub Night!" Enjoy the newly renovated Trident Bar and choose from our Pub dinner specials of fresh fish and chips and pot roast of beef with mashed potatoes. A few "Yank" sandwiches and some appetizers will round out the menu. The basic fare for your Saturday night Pub dinner special will be only \$6.50! So come out any Saturday in September, and check us out!

On Friday 27 September, join us in the El Prado for a fresh live Maine lobster dinner. Reservations are encouraged but not mandatory (656-2170).

Finally, be sure to mark your calendars for Friday 11 October, when we celebrate the Navy Ball. Tickets are on sale now at the ITT office in the lobby of Herrmann Hall.

Jim Thomas



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NAVAL POSTGRADUATE SCHOOL

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The Peacock Press is a monthly publication of the MWR Department, Naval Postgraduate School. Information may be subject to change without notice.

All phone numbers are in area code (831)

MWR Job Opportunities

All jobs are open until filled. Applications can be obtained in NPS HRO Office, located upstairs from MWR Admin.

- 1) <u>Recreation Aid, Leisure Services Division.</u> Needed on a continuous basis at locations such as the Monterey Bay Athletic Club; Information Tickets & Tours; and the Youth Center. Please call Darlene for details at 656-7953.
- 2) <u>Bartender, Food & Beverage Division</u>. Please call Renee for details at 656-1049.
- 3) Wait Person, Food & Beverage Division. Please call Renee for details at 656-1049.
- 4) <u>Child Development Program Assistant</u>, Children and Youth <u>Development Division</u>. These are flexible positions at the Child Development Center to substitute when staff are ill or on leave. Please call Julianne for details at 656-2734.
- 5) <u>Cook at the Golf Course Snack Bar.</u> Please call the Golf Course manager for details at 656-7659.
- 6) <u>Food Service Worker</u> at the <u>Golf Course Snack Bar</u>. Please call the Golf Course manager for details at 656-7659.

- 7) Child Development Home Provider, Children and Youth Development Division. If you live in La Mesa Village and may be interested in operating your own from-home Navy certified child care program, please call Roz at 656-2734 for more information. This is the only legal way to care for children in your home while living in government housing. We provide furnishings, toys, training, and oversight for your very own program.
- 8) Two (2) <u>Snack Bar Attendants</u>, <u>Children and Youth</u>
 <u>Development Division</u>. Flexible position to work in the snack
 bar at the Tech Connection. Please call Glenda for details at
 656-2127.

Please click on the HRO link on http://www.nps.navy.mil/Code22/.
Or http://www.mwr.nps.navy.mil/jobs/content-jobs.htm

ARMY COMMUNITY SERVICE EMPLOYMENT

ACS has several openings for non-personal service contracts that will start during the next fiscal year (1 Oct 02-30 Sept 03). These contracts are part-time and will assist ACS in implementing social service programs that benefit the military community. For further information, please call ACS Kevin Moore at 242-7652 and please leave a voice message.

MWR September Calendar of Events

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
For Party Reservations at CLUB DEL MONTE Please call 656-2170.	CLOSED Laborate Day	FULL METAL JACKET (R) 1900 Dinner Special "Moist & Tender" PRIME RIB \$13.00	4 BLADE 2 (R) 1900 Every Wednesday El Prado Room Dinner Special SEAFOOD PLATTER COMBINATION Adults: \$7.75 Kids 5-10 \$3.75	5 SPIDER-MAN (PG 13) FAMILY NIGHT every Thursday Dinner Special ROAST TURKEY W/GRAVY Adults \$7.00 Kids 5-10 \$3.75	6 Every Friday El Prado Room Dinner Special BUTCHER'S BLOCK COMBO \$7.50 "Smoked Beef Brisket, Smoked Loin of Pork & Grilled Chicken Sausage"	"Navy Regulations prohibit patrons from bringing food or beverages into an MWR facility from outside sources. Thank you for your cooperation."
8 MONTEREY PINES GOLF COURSE OPEN DAILY & MOST FEDERAL HOLIDAYS. 0630~1900	9 NATIONAL LAMPOON'S VAN WILDER (R) 1900 Every Monday 1600-2100 El Prado Room Dinner Special SEAFOOD CIOPPINO Adults \$7.50 Kids 5-10 \$4.00 Under 5 \$2.00	CHANGING LANES (R) 1900 Dinner Special "Moist & Tender" PRIME RIB \$13.00	11 AUSTIN POWERS 1: MAN OF MYSTERY (PG 13) 1900 Every Wednesday Trident Room SOCIAL HOUR 1600~1700	MONSTERS INC (G) 1900 Dinner Special ROAST TURKEY W/GRAVY Adults \$7.00 Kids 5-10 \$3.75	Every Friday El Prado Room Lunch Special SWEET & SOUR PORK & CHOWMEIN NOODLES \$5.50	14 Every Saturday Trident Room DINNER SERVICE 1600-2100 BEVERAGE SERVICE 1600~2300
MONTEREY BAY ATHLETIC CLUB OPEN DAILY AND MOST FEDERAL HOLIDAYS.	LIFE OR SOMETHING LIKE IT (PG 13) 1900 Dinner Special SEAFOOD CIOPPINO Adults \$7.50 Kids 5-10 \$4.00 Under 5 \$2.00	DEATH TO SMOOCHY (R) 1900 Dinner Special "Moist & Tender" PRIME RIB \$13.00	DEUCES WILD (R) 1900 Dinner Special SEAFOOD PLATTER COMBINATION Adults: \$7.75 Kids 5-10 \$3.75	SPIDER-MAN (PG 13) 1830 "SALUTING SAILORS & THEIR FAMILIES" FREE LUNCH HERRMANN HALL LAWN 1200 ~ 1330	Every Friday Trident Room OPEN 1500~2300 SOCIAL HOUR 1600-1800	21 Every Saturday BLUEWATER COVE MARINA "HANALEI" CRUISE 1300-1500 For reservations: Call 242-5747
22 BLUEWATER COVE MARINA OPEN DAILY NOON TO SUNSET. "HANALEI" CRUISE Wed: 1730~1930 Sat: 1300~1500	GLOBAL HERESY (R) 1900 Dinner Special SEAFOOD CIOPPINO Adults \$7.50 Kids 5-10 \$4.00 Under 5 \$2.00	AUSTIN POWERS 1: MAN OF MYSTERY (PG 13) 1900 Dinner Special "Moist & Tender" PRIME RIB \$13.00	SPIDER-MAN (PG 13) 1900 Dinner Special SEAFOOD PLATTER COMBINATION Adults: \$7.75 Kids 5-10 \$3.75	26 CLOCK STOPPERS (PG) 1830 Dinner Special ROAST TURKEY W/GRAVY Adults \$7.00 Kids 5-10 \$3.75	27 El Prado Room Dinner Special FRESH LIVE MAINE LOBSTER \$16.50 Reservations Highly Recommended	28 Every Saturday in the TRIDENT ROOM "PUB NIGHT" DINNER SPECIAL \$6.50
MONTEREY NAVY FLYING CLUB OPEN MONDAY TO FRIDAY 0900~1700	30 RUMOR OF ANGELS (PG 13) 1900 Dinner Special SEAFOOD CIOPPINO Adults \$7.50 Kids 5-10 \$4.00 Under 5 \$2.00	SMOKED PRIME RIB IS ALSO AVAILABLE UPON REQUEST	FREE MOVIES ARE SHOWN IN THE BARBARA MCNITT BALLROOM	services, NPS facu who possess valid "Trusted Agents." automobile can ent valid ID card at a Agent's automobile Individuals with mi access, but their g policy is only appli	IY. Members of the U Ilty members, and N I NPS/DOD identi All occupants in the er the base if the Tru IN NPS gate. Occup I do not have to significate dependent ID occupants musts must be on the icable during Force All other gate acce	NPS staff members fication cards are the Trusted Agent's usted Agent shows a pants in a Trusted in in at the gate. The cards are authorized the access list. This the Protection Condi-

Club Del Monte Page 4



NPS cordially invites you to the



227TH U.S. NAVY BIRTHDAY BALL

<u>When</u>: Friday, 11 October 2002 1830 ~ 1915 ~ Cocktails

1915 ~ Bag Piper leads guests for seating in the ballroom

1930 ~ Dinner and Event Opening

2100 ~0100 ~ Ceremony, and Dancing with

LIVE MUSIC provided by "THE ULTRAVIOLETS" 5 talented members performing all styles and eras from standards to motown, country, rock-n-roll and top 40 tunes.

Where: Barbara McNitt Ballroom, Naval Postgraduate School

Monterey, California

Attire: Civilian ~ Formal (Black Tie)

Military ~ Dinner Dress Blue Jacket or Service equivalent

Covers and gloves not necessary

Ticket Prices: E1 to E6, GS1 TO GS5, NA & NL \$19.00 each

E7 to 04, GS 6 TO GS 12 \$39.00 each 05 and up, GS 13 & up + Faculty \$54.00 each General Public \$67.00 each

LIMIT 3 GUESTS PER PATRON/COUPLE

Ticket price includes hors d'oeuvres consisting of assorted grilled vegetables, marinated olives, fine gourmet cheese and salami; an exquisite gourmet dinner; your choice of roasted filet mignon, sword fish or angel hair pasta, champagne/cider toast, champagne glass Mementos, dancing and entertainment.

<u>Ticket Sales</u>: Available Monday through Friday, 0930~1330 & 1430~1630 at the MWR-Information Tickets & Tours (ITT) office (Quarterdeck of Herrmann Hall) **Deadline:** 4 October 2002

All tickets sales are final.

A professional photographer will be available to provide Photography services from 6:15 ~ 9:30 p.m. Packages range from \$15.00 to \$35.00

Information: Call (831) 656-3223/3224.

SEPTEMBER MONDAY DINNER SPECIAL

El Prado Room 1600-2100



Fresh Seafood Cioppino with Shrimp, Calamari, Crab and Mussels. Fresh Caesar Salad and Garlic Bread

Adults \$7.50 Kids 5-10 \$4.00 Under 5 \$2.00 Come enjoy our Tuesday Dinner Special in the El Prado Room 4:00~9:00 p.m.



ROAST PRIME RIB

"moist and tender" with Aux Jus accompanied with Horse Radish, Baked Potato, Sour Cream and Chef choice dessert.

only \$13.00

From the kitchen of Chef Hugh Butler comes this month's Wednesday Dinner Special served in the El Prado Room 4:00 ~ 9:00 p.m.

SEAFOOD PLATTER COMBINATION

Fresh Fried Red Snapper, Shrimp and Calamari served with Rice Pilaf and carrot cake for dessert.

Adults: \$7.75 Kids 5-10 \$3.75

FAMILY NIGHT

Every Thursday 1600~2100 in the El Prado Room Dinner Special



ROAST TURKEY W/GRAVY

Accompanied with Apple Stuffing, Mashed Potatoes and Apple Pie for dessert Adults \$7.00 Kids 5-10 \$3.75

SEPTEMBER FRIDAY DINNER SPECIAL

in the El Prado Room 4:00~9:00 p.m.

BUTCHER'S BLOCK COMBO

Smoked Beef Brisket, Smoked loin of Pork, and Grilled Chicken Sausage. Served w/ Baked Potato & Sour Cream, and Sautéed Fresh Vegetables

Dessert

Vanilla Ice Cream with strawberries

\$7.50

Come enjoy September's Friday Lunch Special in the El Prado Room



SWEET & SOUR PORK CHOWMEIN NOODLES STIRFRIED VEGETABLES

\$5.50

Come to El Prado Room on Friday 27 September for



FRESH LIVE MAINE LOBSTER

with Drawn Butter, Baked Potato w/ Sour Cream and Fresh Vegetable

\$16.50

For reservations, call 656-2170.

Information Tickets & Tours

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Located on HERRMANN HALL QUARTERDECK

Open Monday-Friday 9:30 a.m. ~ 1:30 p.m. 2:30~4:30 p.m.

Closed Weekends and Federal Holidays

SEPTEMBER	UPCOMING ITT TOURS	PRICE
7	Giants vs Arizona Diamondbacks	\$40.00
14	San Francisco Zoo/Exploratorium	TBA
21	Pier 39 and Alcatraz	\$39.00
28	Tech Museum of Innovation, San Jose	\$23.00
OCTOBER		
5	Local Wine Tour	\$39.00
12-14	Knots Berry Farm/Sea World/ Universal Studios	\$199 dbl occ
20	Oakland Raiders vs San Diego Chargers Football	ТВА
26	San Francisco Get Acquainted	\$23.00



Check with ITT on discounted military ticket prices for the following races.

20-22 September

Monterey Sports Car Championship

(American Le Mans Series)









See the Navy's Blue Angels in action on Saturday and Sunday. And the amazing pyrotechnic acts on Friday evening.

Purchase tickets from ITT for \$13.00 adults and \$9.50 children (6-12 years).





14 Sep.~20 Oct. at the Casa de Fruta near Gilroy

Over 1,000 colorfully costumed characters, 150 craft booths, five stages of continuous entertainment plus an action-packed jousting arena, and wonderful food and wine tasting. Tickets are \$13.00 for adults and \$7.00 for children 5-11 years.



Performs 14-15 September at the Pacific Grove Middle School. Get your tickets at ITT. Prices are \$14.50 adults, \$8.50 children 12 years and under.





Now open weekends through October. Ticket prices are:

\$18.00 adults \$16.00 children (3-6 yrs



NPS LICENSE PLATE FRAMES: Graduating? New student? Get your Naval Postgraduate School

license plate frame before you drive to your next duty assignment. Show a little pride and arrive in style! FRAMES ARE: \$9.00

Denie Denie

The new 2003 books will arrive in mid September. Get yours early and start saving

immediately. Cost is \$20.00

ENTERTAINMENT

BOOKS

PARKING: We know its hard finding that parking space! However, there are some handy 24 minute spaces on the south side of Herrmann Hall off Stone Road which offer easy access to the Quarterdeck through the side door. There are also two on the east side of the building off Cunningham Road.



Child Development Program



The Child Development Home program offers Navy certified care by military family members in their homes.

Interested in pursuing a rewarding career and work at home? How about becoming a Child Development Home Care provider? You'll receive extensive training, become First Aid/ CPR qualified and be part of our dedicated team of professionals that provide child care in their homes. Give us a call! We'll be happy to give you more information, and assist you through our CDH certification process!

The Benefits: You can stay home with your own children, offer quality child care for others (legally) in your La Mesa residence, share in the financial support of your family, and have fun!

Child Development Center "CDC is the place to be!"





If your child is between the ages of six weeks and five years and you are looking for a high quality, nurturing early childhood experience ~ the Child Development Center (located in La Mesa Village) is the place for you! We offer full-time child care. We maintain a wait list for full-time care.

Life Skills Readiness Program ~ The Life Skills Readiness Program is a part-day program for children 3 to 5 years old. Prepare your child for school and give yourself some time to take care of some errands. Our Life Skills Readiness program offers a developmentally appropriate curriculum in a stimulating environment within our accredited child development program. Sessions are Monday/Wednesday/Friday 0900-1130, and Tuesday/Thursday 0900-1130. A five day program may be available upon request. The program started in August and runs through June.

Jellyfish Drop-In Care Room ~ Reserve a space for your child in our drop-in care room up to two full weeks in advance. The room is open 0900-1200 Monday-Friday for children ages 1 year (walking) through 6 years. The rate is \$3.50 per hour plus an additional \$.50 if your child is here for snack. Afford yourself the extra time you need for appointments, to run errands, or just a little adult time to yourself. We have lots of fun!

CHILD DEVELOPMENT PROGRAM PHILOSOPHY

Our curriculum is center-based, child initiated and teacher supported with an emphasis on children learning best by doing. Play provides the foundation for academic learning and is the preparation a child needs before they are ready to learn highly abstract thoughts and symbols. A developmentally appropriate curriculum is based on teacher observations and recordings of each child's special interests and developmental progress. We strive to make learning fun for children while providing a warm and nurturing learning environment. Play is the "work" of the child, and in our programs, social and emotional development of the child is our priority.

Teaching children to be responsible, independent, and to make their own decisions is an important part of their development. Part of the learning process is to involve the children in all steps of an activity including preparation for the activity, choosing the activity and deciding how to accomplish it, as well as cleaning the area when finished. From there experiences the child will grow and develop to their utmost potential.

Accredited by NAEYC's **Childhood Programs**

National Academy of Early

Tech Connection/Youth & Teen Center

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YOUT	YOUTH & TEEN SEPTEMBER 2002 SCHEDULE OF EVENTS						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
FOR MORE INFORMATION ABOUT OUR PROGRAMS AND SPECIAL EVENTS PLEASE CALL 656-2127	closed Labor*** Day	3 YOUTH STOP AND GO MUSICAL HOOPS 1500~1600	TEEN UNO TOURNAMENT 1530~1630	5 YOUTH LANYARDS 1500~1600	TEENS GO TO THE MOVIE COST, TIME, & MOVIE TBA	7 YOUTH SHOE PILE 1330~1430	
SOCCER FOR U6 & U8 IS NOW IN SEASON	9 YOUTH FINGER THUMMIES 1500~1600	TEEN BASKETBALL 3 ON 3 1630~1730	YOUTH BOARD GAME CHALLENGE 1500~1630	TEEN PING PONG TOURNAMENT	YOUTH MOVIE DAY AT THE YOUTH CENTER 1500	TEEN SCAVENGER HUNT 1330~1430	
SOCCER FOR U10, U12 & U15 STARTS SEPTEMBER 7	MONOPOLY TOURNAMENT 1530~1630	YOUTH MAKE YOUR OWN GAME 1500~1630	TEEN COUNCIL MEETING 1600	YOUTH KICKBALL 1500~1630	20 RAP SESSION TEENS PROVIDE TOPIC	YOUTH PING PONG DAY	
BALLET/ JAZZ DANCE LESSONS Ages 3-10 yrs \$32.00/month per child held at the Youth Center	YOUTH FRISBEE BASEBALL 1500~1630	24 TEEN BINGO	25 YOUTH FOUR CORNERS	26 TEEN KARAOKE 1600~1800	27 YOUTH/ TEEN BRING A GUEST DAY	28 LATE NIGHT YOUTH CENTER AGES 7-17 TIME: 1700~2100 RSVP BY: 25 SEPT '02	
HOURS OF OPERATION FOR SAC PROGRAM ARE: BEFORE 0730~0800 AFTER 1415~1800	HOURS OF OPERATION FOR YOUTH/ TEEN OPEN RECREATION 1430~1800	BEFORE/AF AND DRO ARE CUI UNDE FEES AR	PS FOR TER SCHOOL P IN CARE RRENTLY RWAY. EE BASED OTAL INCOME				

Bluewater Cove Marina



MWR Bluewater Cove Marina is OPEN!!!!

- Located at the Coast Guard Pier in Historic Downtown Monterey.
- Our services are available for all active duty, retired military, family members and DOD civilians.
- Open everyday.
- Rentals are now from the Monterey Bay Athletic Club.
- First come first served.
- Nine boats are available to rent.
- The minimum age to qualify for sailboat rentals is 18.
- Check sails are required for boat safety training and to familiarize all patrons with sailing areas and off limit locations prior to initial sailboat rental. Reservations for "check sails" are required - contact NPSSA.
- For Marina information, check sails, and boat reservations contact NPSSA or Monterey Bay Athletic Club at 656-3118.
- Powerboat rentals are available at Outdoor Recreation (located at DLI). Call 242-5506 for more information.

MONTEREY BAY "HANALEI" CRUISE

Wednesdays 1730~1930 & Saturdays 1300~1500

Reserve your seat for a 2 hour tour on the 30' "Hanalei" cruising sail-boat on the Monterey Bay for any Saturday afternoon or Wednesday evenings...NOW!

No sailing experience necessary! Open to all military, reserve, DOD civilian and family members. Reservations required.

*special tour packages available to small groups
*cruises monthly to Moss Landing/SC Harbor
*wine and cheese "Sunset Cruises" on select
Wednesday evenings.

Hanalei Limit 14 passengers each date. Reservations are required and can be obtained by contacting Jim Laughlin at 242-5747 or email: sailing@monterey.army.mil.

-NPSSA-

NPSSA, the Naval Postgraduate School Sailing Association, is dedicated to practicing and promoting the art of sailing as well as furthering Navy sailing in the Monterey area. NPSSA is comprised of students, faculty and staff from NPS and DLI, local active duty and retired personnel, and DOD civilians. Members take part in local racing events and NPSSA-sponsored cruising events. Additionally, NPSSA provides assistance to MWR with boat maintenance and sailing qualifications through volunteers. All MWR eligible personnel may join NPSSA. For more information or to volunteer contact NPSSA at npssa@nps.navy.mil.

SPECIAL RE-OPENING RATE

Small Wonder	23 ft. Ranger	\$30/day
Serenade	22 ft. Santana	\$30/day
Antares	26 ft. Excalibur	\$30/day
Lorraine	22 ft. Capri	\$30/day
Barbara, Harriet	30 ft. Shields	\$30/day
Medora, Storm	30 ft. Shields	\$30/day
Hanalei II	30 ft. Buccaneer	\$40/day

SAILING LESSONS: Sailing classes for Mate "A" and Skipper "B" qualifications are scheduled for Sept 14~15, and Oct 5~6. Cost is \$85.00 Sign up at the Monterey Bay Athletic Club. Call 656-3118 for registration information.

Monterey Bay Athletic Club

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FALL BASKETBALL



Games played Monday & Wednesday 1800~2000

League begins 7 October 2002

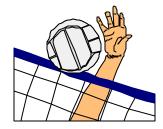
Intramural Organizational Meeting Wednesday, 25 September at 1600 Fitness Center, Bldg. 208

FALL VOLLEYBALL

Games played Tuesday & Thursday 1800~2000

League begins 8 October 2002

Intramural Organizational Meeting Tuesday, 24 September at 1600 Fitness Center, Bldg. 208



Rules, game dates and times will be discussed. Roster forms will be available. Team Registration: 3~30 September 2002

GROUP FITNESS CLASS SCHEDULE

HOURS	MON	TUES	WED	THURS	FRI	SAT
6:00 AM	PT READY	20/20/20	PT READY	20/20/20		
8:30 AM						STEP
8:45 AM					STEP	
9:30 AM						MUSCLE CONDTNG
12:00 PM	YOGA	SPIN (CYCLING)	YOGA	SPIN (CYCLING)		
4:30 PM		PILATES				
5:00 PM	SIX PACK ATTACK		SIX PACK ATTACK			
5:30 PM	STEP	SPIN (CYCLING)	KICK BOX	SPIN (CYCLING)		
6:30 PM	KICKBOX	STEP	STEP	STEP		

FITNESS CLASS FEES

ELIGIBLE PATRONS	AEROBIC PILATES DAILY	CYCLING DAILY	COMBO 8-PUNCH CARD	YOGA MONTHLY	YOGA DAILY
ACT.DUTY/ RESERVIST	FREE	FREE	N/A	\$36.00	\$5.00
RETIREE/ FAMILY MEMBER	\$2.00	\$2.50	\$12.00	\$38.00	\$5.50
DOD CIVILIAN	\$3.00	\$3.00	\$16.00	\$40.00	\$6.00

Combo Cards: Allows you to take pilates, aerobics or cycling classes.

BICYCLE RENTALS

The Monterey Bay Athletic Club has adult sized bicycles available for rental by fitness center eligible patrons to meet their transportation needs or for recreational riding.



Two kinds of bikes are available for rental-street bikes and six speed bikes. Rentals are conducted on a daily, weekend, weekly or monthly basis. All rentals include the use of a bicycle safety helmet, lock and chain. Bicycle rental prices are listed below:

BICYCLE TYPE	DAILY	WEEKEND	WEEKLY	MONTHLY
STREET BIKE	\$8.00	\$12.00	\$34.00	\$96.00
6-SPEED	\$10.00	\$15.00	\$42.00	\$120.00

Individuals wishing to rent a bicycle need to fill out a rental agreement and pay in advance for their rental at the Fitness Center, Bldg. 208.

THERAPEUTIC MASSAGE

(now available)

Fees:

\$50.00 for a one-hour massage session. \$75.00 for a one and one-half hour massage session.



For appointments, please call 656-3118.



PERSONAL TRAINING

We offer personal training that includes consultation, fitness/exercise program design and one-on-one training.

Let's Picnic!

MWR has two picnic park facilities available for you and your family to utilize. One is located at the Monterey Pines Golf Course and the other is Sparks Field on base, just across the street from Del Monte Lake and the softball field.



For reservations on Monterey Pines Golf Course Picnic area, call 656-2167 and for Sparks Field Picnic area, call 656-3118.

The rental fees for the picnic grounds are as follows:

• Active Duty/Reservist/Family Members: FREE

• Retirees/Family Members: \$60.00

• **DoD Civilians: \$100.00**

• Sponsored Public Civilians: \$125.00

LOCKER RENTAL FEES

Active Duty: Civilian:

6 months ~ \$30.00 6 months ~ \$36.00 Annual ~ \$60.00 Annual ~ \$72.00

Locker payments must be paid in full on first day of rental.

Monterey Navy Flying Club

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The Monterey Navy Flying Club offers excellent opportunities for aircraft rentals, recreational flying and professional flight training to Active Duty, National Guard, Reserve members and their families; Retirees and their families; Civil Air Patrol members; and federal government employees. The club's airplane rental and instruction rates are the lowest in California. Learn how to fly, meet new friends and discover the beauty of the Monterey Peninsula! Give us a call and visit our website.



MEMBERSHIP FEES

Monthly dues: \$23.00 Initiation fee: \$30.00

Want to earn your pilot's certificate?

You have often thought about becoming a pilot. Our staff of professional flight instructors is ready to help you achieve your goal - for a much lower cost than you will find anywhere else. Ground school, the first step in learning the basics of flight, is offered in cooperation with Monterey Peninsula College or through self-study courses available through the Club.

Ground and Flight instruction: \$20.00/hour.



Aerial view of the Light House in Point Sur taken on one of the flights.

COST SHARING: Our licensed pilots at the Monterey Navy Flying Club frequently fly by themselves, and through "cost sharing" of the fees for the flight, you and up to two other MWR eligible patrons can fly along. Fly over the California Coast or down it's beautiful valleys. Call the Monterey Navy Flying Club at (831) 372-7033 for more information.

AIRCRAFT RENTAL RATES

Cessna 152 (IFR) \$50.00 Cessna 172 (IFR) \$66.00

All rates are on hourly basis including fuel.

The Fleet & Family Support Center





SEPTEMBER CLASSES



FAMILY WELLNESS PARENTING PROGRAM

This class is designed to strengthen parenting skills and enhance family living skills. This is a three-part

series, sponsored by the Army Community Service and the Navy Fleet and Family Support Center. The initial class will be on Friday, 6 September 6:00 p.m. There will be a spaghetti dinner. Class size is limited. Prior registration is required. FREE childcare is provided for children under the age of six. Call 242-7653/7660 for more information and registration.

PAY THOUSANDS LESS FOR

<u>A CAR</u>: The purpose of this class is to teach you how to research,



buy, finance, and trade-in a car the right way. Class will meet on Thursday, 5 September, 12:30-2:30 p.m.

Call 656-3060 to register.

TRANSITION ASSISTANT PROGRAM (TAP) SEMINARS:



This workshop provides a job search overview, job hunt skills, work values, goals, resume preparation, interviewing

negotiations, veterans benefits, plus information on relocation, travel, separating leave, job referrals, and much more. Tuesday-Friday, 17-20 September, 0750 ~ 1600. Call 656-3060 for an appointment.

MWR ADVISORY BOARD TO MEET SEPTEMBER 18, 2002

The next MWR Advisory Board meeting is set for Wednesday September 18, at 10:00 am. in the La Novia Room, Herrmann Hall, Bldg. 220.

All departments of the Naval Postgraduate School and tenant commands are encouraged to send representatives to these informative bi-monthly meetings.

This is your opportunity to gather the latest MWR info and to share your command's feedback with key MWR personnel.

For more on how your command can take part in the MWR Advisory Board, call the MWR Administrative Office at 656-1049.

Monterey Pines Golf Course

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GOLF INSTRUCTION

from your

Certified Golf Instructors

CLAY MURRAY ~ Head Professional



	CIVILIAN	MILITARY	JUNIOR
HALF-HOUR	\$40.00	\$35.00	\$30.00
ONE HOUR	\$60.00	\$55.00	\$50.00
VIDEO HOUR	\$75.00	\$70.00	\$65.00
PLAYING LESSON	\$90.00	\$85.00	\$80.00

ERIC THOMPSON ~ Assistant Professional



	CIVILIAN	MILITARY	JUNIOR
HALF-HOUR	\$35.00	\$30.00	\$25.00
ONE HOUR	\$55.00	\$50.00	\$45.00
VIDEO HOUR	\$70.00	\$65.00	\$60.00
PLAYING LESSON	\$85.00	\$80.00	\$75.00

DAVID HARBER ~ Assistant Professional



		CIVILIAN	MILITARY	JUNIOR
	HALF-HOUR	\$35.00	\$30.00	\$25.00
DN	ONE HOUR	\$55.00	\$50.00	\$45.00
	VIDEO HOUR	\$70.00	\$65.00	\$60.00
	PLAYING LESSON	\$85.00	\$80.00	\$75.00

MONTEREY PINES RV CAMPGROUND

Monterey Pines RV Campground is OPEN YEAR ROUND and is available to all active duty, reservists, retirees, family members and DOD civilians.

About Our Park

Located deep within the serene Monterey Pines Recreation Complex (Fairgrounds Road at Garden Road in Monterey), our park offers 30 full hook-ups, 8 partial hook-ups, a bathhouse and coin-op laundry facilities. Site 14 offers access for the physically challenged. Visa and Mastercard are accepted.

DAILY RENTAL FEES		
Eligible Patron	Full Hook-Up	Partial Hook-Up
Active Duty/Reservist/ Retiree/Family Member	\$15/Day	\$13/Day
DOD Civilian	\$18/Day	\$16/Day
Civilian Guest	\$20/Day	\$18/Day

GOLF LESSONS

"Bring a friend for Golf Lessons"



\$120.00 for three (3) half hour sessions (\$60.00 per person)

Call Eric at 656-7874 or 656-2167 to set up an appointment.

Get your game into shape!

5 hours of instruction that will cover all phases of the game!

Includes:

4 ~ 1/2 hour lessons

1 ~ 1 hour video lesson

1 ~ 2 hour playing lesson

COST:

Military \$175.00 DOD \$185.00 Civilian \$195.00

For information, call Clay Murray at 656-7659.

MONTEREY PINES GREENS FEES

MONDAY~FRIDAY	
Military	\$12.00
DOD Civilian	\$14.00
Guest	\$20.00
Junior	\$8.00
WEEKENDS & HOLIDAYS	
Military	\$14.00
DOD Civilian	\$18.00
Guest	\$28.00
Junior	\$8.00
TWILIGHT (2 P.MCLOSING)	DAILY
Military	\$9.00
DOD Civilian	\$11.00
Guest	\$15.00
Junior	\$8.00

NAVAL POSTGRADUATE SCHOOL (Area Code 831)

MWR (NPS) Intranet Events Calendar ~ http://onboard.nps.navy.mil/intra/

MWR ADMINISTRATIVE OFICES ~ Herrmann Hall (Rm. 55) ground floor (Bldg. 220). Open weekdays, 8 a.m. to 4:30 p.m. Closed weekends and federal holidays. Phone: 656-2170 or 656-2432.

EL PRADO DINING ROOM ~ Herrmann Hall ground floor (Bldg. 220). Open Monday through Friday. Closed weekends and federal holidays. For questions, call: 656-2170.

Hours of Operation:

Ala Carte Breakfast: 6:45 ~ 10:45 a.m. Weekdays Hot Breakfast: 6:45 ~ 9:00 a.m. Weekdays Lunch: 10:45 a.m. ~ 2:00 p.m. Weekdays Dinner: See El Prado Room listing below.

TRIDENT ROOM ~ Herrmann Hall ground floor (Bldg. 220). Open Monday through Saturday. Closed Sundays and most federal holidays. Phone: 656-2170 or 656-7508 (after regular business hours). Hours of Operation:

Beverage Service: 4:00 ~ 11:00 p.m. Monday ~ Wednesday

3:00 ~ 11:00 p.m. Thursday & Friday

4:00 ~ 11:00 p.m. Saturdays

Dinner Service: 4:00 ~ 9:00 p.m. Monday through Saturday

CLUB DEL MONTE/CATERING SALES OFFICE ~ Herrmann Hall (Rm. 55) ground floor (Bldg. 220). Open Monday through Friday, 8:00 a.m. ~ 4:30 p.m. Closed weekends and federal holidays. Phone: 656-1049.

INFORMATION TICKETS & TOURS ~ Herrmann Hall Quarterdeck (Bldg. 220). Open 9:30 a.m. ~ 4:30 p.m. Monday through Friday. Closed weekends and federal holidays. Closed for lunch 1:30~2:30 p.m. Phone: 656-3223.

CHILD DEVELOPMENT CENTER ~ La Mesa Village next to La Mesa Elementary School. Open 7:30 a.m. ~ 5:30 p.m., Monday through Friday. Closed on all federal holidays. Phone: 656-2734.

CHILD DEVELOPMENT HOMES ~ Available within La Mesa Village. Contact the Child Development Center for information. Phone: 656-2734.

ROMAN PLUNGE SWIMMING POOL ~ (Bldg. 210). Closed until further notice. Phone: 656-2275.

TECH CONNECTION ~ La Mesa Village, (Bldg. 444) 1222 Leahy Rd. Open for School Age Care, Monday through Friday, 7:30 ~ 8:00 a.m. and 2:00 ~ 6 p.m. Special camps offered for school breaks (all seasons) & teacher in-service days. Youth & Teen Open Recreation, 2:30~ 6:00 p.m. Monday through Friday and 1:00~6:00 p.m. on Saturdays. Closed on all federal holidays. Phone: 656-2127.

MONTEREY BAY ATHLETIC CLUB ~ (Bldg. 208). Hours of Operation: Open Monday through Friday, 5:30 a.m. ~ 9:00 p.m.; Saturdays, 8:00 a.m. ~ 5:00 p.m.; Sundays 9:00 a.m. ~ 5 p.m. Federal holidays, 10 a.m. ~ 5 p.m. Phone 656-3118.

MONTEREY PINES GOLF COURSE ~ Fairgrounds Road at Garden Road by the Monterey County Fairgrounds. Open daily, 6:30 a.m. ~ 5 p.m., including most federal holidays. Hours vary seasonally. Phone: 656-2167.

MONTEREY PINES RV CAMPGROUND ~ Fairgrounds Road at Garden Road by the Monterey County Fairgrounds. Open daily. Phone: 656-7563.

MONTEREY NAVY FLYING CLUB ~ At the Monterey Airport. Open Monday to Friday 9:00 a.m. ~ 5:00 p.m. Phone: 372-7033.

BLUEWATER COVE MARINA \sim On the Coast Guard Pier, downtown Monterey. Open daily. Phone: 242-5747/656-3118.

MWR BUSINESS OFFICE ~ Hermann Hall (Rm. 60) ground floor (Bldg. 220). Open Monday through Friday, 8 a.m. ~ 4:30 p.m. Closed weekends and all federal holidays. Phone: 656-7954.

MWR MARKETING OFFICE ~ Herrmann Hall (Rm. 60) ground floor (Bldg. 220). Open Monday through Friday, 8 a.m. ~ 4:30 p.m. Closed weekends and all federal holidays. Phone: 656-1170/7677.

THE FLEET & FAMILY SUPPORT CENTER ~ 1280 Leahy Road, Monterey, Ca 93940. Open Monday through Friday, 8:00 a.m. ~ 5:00 p.m. Tel: 656-3060.

CHECK OUT MWR'S WEBSITE! www.mwr.nps.navy.mil



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